



CUNDALL MANOR SCHOOL

## **PSHE and RSE Policy 2026**

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### Mission statement

Cundall Manor School recognises its responsibility in promoting pupils' Spiritual, Moral, Social and Cultural (SMSC) development. The Personal, Social, Health and Economic (PSHE) education programme and the Relationships Education (RE) programme in primary school and Relationships and Sex Education (RSE) programme in secondary school form an integral part of how the School meets this responsibility.

The PSHE education and the RE/RSE programmes contribute to the work of other areas of the school in enabling pupils to develop their self-knowledge, self-esteem and self-confidence; in enabling them to distinguish right from wrong and to respect the law; in encouraging them to accept responsibility for their behaviour, show initiative and understand how they can contribute to community life; in enabling them to acquire a broad general knowledge and respect for public institutions and services in England; in assisting them in acquiring an appreciation of and respect for their own and other cultures in a way that promotes tolerance and harmony between different cultural traditions; and in encouraging respect for other people as well as democracy and support for participation in the democratic processes.

The school also actively promotes fundamental British values by enabling pupils to understand and accept that citizens can influence decision-making through the democratic process; that living under the rule of law protects individual citizens and is essential for their wellbeing and safety; that there is a separation of power between the executive and the judiciary, and that while some public bodies such as the police and the army can be held to account through Parliament, others such as the courts maintain independence; that the freedom to choose and hold other faiths and beliefs is protected in law; that other people having different faiths or beliefs to oneself (or having none) should be accepted and tolerated, and should not be the cause of prejudicial or discriminatory behaviour; and that it is important to identify and combat discrimination.

### **Statement of intention**

The below aims are consistent with, and so reinforce, the ethos and general aims of the School and the protected characteristics named under the Equality Act 2010 (age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion and belief, sex, sexual orientation).

Personal, social, health and economic education (referred to as 'PSHE') forms a valuable part of the pastoral system which does not merely support the academic curriculum but has its own educative purpose.

We will endeavour to provide a curriculum that is broadly based, balanced and meets the needs of all pupils by:

- *promoting the spiritual, moral, cultural, mental and physical development of pupils at the school ▪ preparing pupils at the school for the opportunities, responsibilities and experiences of later life.*
- *promoting children and young people's wellbeing (Wellbeing is defined in the Children Act 2004 as the promotion of physical and mental health; emotional wellbeing; social and economic wellbeing; education, training and recreation; recognition of the contribution made by children to society; and protection from harm and neglect.)*
- *promoting community cohesion (Education and Inspections Act 2006; Education Act 2002)*
- *promoting good behaviour and positive character traits, including for example courtesy, respect, truthfulness, courage and generosity (Character Education Framework Guidance, 2019)*

### **Definition of RE and RSE**

Although the Government made Relationships Education and Relationships and Sex Education compulsory in all primary and secondary school respectively as of September 2020, Cundall Manor School was already fulfilling the requirement as part of its PSHE education programme for many years.

The focus of RE in primary school should be on teaching the fundamental building blocks and characteristics of positive relationships, with particular reference to friendships, family relationships, and relationships with other children and with adults. This includes online relationships and being safe both online and offline.

In secondary school, the aim of RSE is to give young people the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship. It should also cover contraception, developing intimate relationships and resisting pressure to have sex (and not applying pressure). It should teach what is acceptable and unacceptable behaviour in relationships, both offline and online and how to remain safe.

## **Definition of PSHE education**

PSHE education can be defined as a planned programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives, now and in the future

As part of a whole school approach, PSHE education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society.

The benefits to pupils of such an approach are numerous as PSHE education prepares them to manage many of the most critical opportunities, challenges and responsibilities they will face growing up in such rapidly changing and challenging times. It also helps them to connect and apply the knowledge and understanding they learn in all subjects to practical, real-life situations while helping them to feel safe and secure enough to fulfil their academic potential.

## **Right to be excused from sex education (commonly referred to as the right to withdraw)**

Parents will continue to have a right to request to withdraw their child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, should be granted up to three terms before their child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school should make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent.

If a parent wishes to exert this right, a meeting should take place with the child's form tutor and / or Assistant Head, the PSHE coordinator and the Headteacher to discuss the request and, as appropriate, with the child to ensure that their wishes are understood and to clarify the nature and purpose of the curriculum.

There is no right to withdraw from Relationships Education at primary or secondary as we believe the contents of these subjects – such as family, friendship, safety (including online safety) – are important for all children to be taught.

Our policy is reviewed annually we ask for any parental views specifically regarding the Relationship and Sex Education aspect by contacting Miss Stovin (Deputy Head) as the PSHE Coordinator. The latest consultation was September 2026.

## **Provision**

### **EYFS provision**

In the nursery, PHSE is embedded within the curriculum as it makes up one of the three prime areas of learning, as part of the seven areas of learning. In EYFS this is referred to as PSED. For this reason, the Early Learning Goals are covered and planned for in a very different way.

In Reception, we use the EC Publishing PSHE Programme. Pupils focus on six areas: Unit 1: Me and My World, Unit 2: Healthy Bodies, Unit 3: Family and Friends, Unit 4: People and Places, Unit 5: Me and My Body and Unit 6: Making Good Choices. Please see Appendix 1 for the Reception PSHE education overview. The programme covers everything for PSHE, RSE and Health as stipulated by the new DfE statutory guidelines from September 2026 and the PSHE Association's guidance.

## **KS1 and KS2 provision**

Although it is recognised that a substantial amount of personal and social education takes place throughout the curriculum, it is still felt necessary to supplement this education with formal PSHE lessons. Form tutors (or form assistants) deliver each topic within the PSHE programme during the weekly timetabled PSHE lesson. At KS1, lessons last for 40 minutes and at KS2 they last for 60 minutes.

In KS1 and 2, we use the EC Publishing PSHE Programme. Pupils focus on six areas; for example, in Year 1: Unit 1: All About Me, Unit 2: Respectful Relationships, Unit 3: Safe and Smart Choices, Unit 4: Healthy Bodies, Unit 5: Family, Love and Boundaries and Unit 6: Caring for Our World. Please see Appendix 1 for the PSHE education overview. The programme covers everything for PSHE, RSE and Health as stipulated by the new DfE statutory guidelines from September 2026 and the PSHE Association's guidance.

Please see Appendix 2 for the KS1 PSHE education overviews and Appendix 3 for the KS2 PSHE education overviews.

## **KS3 provision**

Although it is recognised that a substantial amount of personal and social education takes place throughout the curriculum, it is still felt necessary to supplement this education with formal PSHE lessons. Form tutors (or form assistants) deliver each topic within the PSHE programme during the weekly timetabled 60-minute PSHE lesson. Additionally, a number of assemblies and theme weeks throughout the year enable pupils to follow national and global initiatives and to develop their knowledge of a range of topics that are either not covered by the current PSHE programme or that we, as a school, feel need additional coverage.

At KS3, we use the EC Publishing PSHE Programme. Please see Appendix 4 for the KS3 PSHE education overviews. Pupils focus on three areas; for example, in Year 7: Unit 1: Health and Wellbeing, Unit 2: Wider World and Unit 3: Relationships and Sex Education. Please see Appendix 4 for the PSHE education overview. The programme covers everything for PSHE, RSE and Health as stipulated by the new DfE statutory guidelines from September 2026 and the PSHE Association's guidance.

## **KS4 provision**

Although it is recognised that a substantial amount of personal and social education takes place throughout the curriculum, it is still felt necessary to supplement this education with formal PSHE lessons. Form tutors (or form assistant) deliver each topic within the PSHE programme during the weekly timetabled 60-minute PSHE lesson. Additionally, a number of theme weeks throughout the year enable pupils to follow national and global initiatives as well as develop their knowledge about a range of topics that are either not covered by the current PSHE programme or we, as a school, feel need additional coverage.

At KS4, we use the EC Publishing PSHE Programme. It comprises of three units. Unit 1: Health and Wellbeing, Unit 2: Living in the Wider Word and Unit 3: Relationships. The programme covers everything for PSHE, RSE and Health as stipulated by the new DfE statutory guidelines from September 2026 and the PSHE Association's guidance.

Please see Appendix 5 for the KS4 PSHE education overviews.

## External speakers

In addition to the above schemes of work, the school invites a variety of suitable external speakers where relevant and available. These may include staff from: banks, building societies, the police, ChildLine and other associations, etc. to deliver age-relevant workshops and lectures.

## Responsibilities

We have appointed a member of staff responsible for co-ordinating PSHE education in our school. Our current PSHE education coordinator is Clare Stovin.

### The coordinator's role includes:

- Leading, developing and managing a statutory curriculum area within the school.
- Keeping up to date with school and national initiatives as well as legal directives affecting Citizenship and PSHE and planning accordingly (including ISSRs).
- Planning and co-ordinating the development of high quality schemes of work.
- Working with the Assistant Heads and Form Tutors (or Form Assistants) to establish and maintain rigorous self-evaluation by:
  - work scrutiny
  - lesson observations
  - moderating pupil standards
  - providing information towards the updating of the SEF
- Assessing teaching and using assessments to identify where pupils need more extra support or intervention.
- Preparing any reports for the Head or Governors' sub-committees as required
- Leading, developing and enhancing the teaching practice of other staff in delivering the PSHEE curriculum.
- Incorporating the principles highlighted by the document Every Child Matters (no longer current but having sound guidance) into planning and development (safe, healthy, enjoyment, economic well-being, positive contribution).
- Being responsible for coordinating a portfolio of evidence to affirm the SMSC education of our pupils.
- Participating in continuing professional development and engaging in professional learning relevant to the subject, including membership to relevant bodies and associations (i.e. currently, Cundall Manor is a member of the PSHE association).
- Maintaining an overview of the aspects of Fundamental British Values offered across the curriculum.
- Encouraging participation in and organising enrichment; cross and extra-curricular activities appropriate to extend learning in PSHEE.
- Contributing to whole school development of PSHEE, SMSC and FBV.
- Working closely with the Child Protection Officer to ensure the school complies with the Prevent duty, because even though the risk of radicalisation has been assessed as low, Cundall Manor School has a due regard to the need to prevent people from being drawn into terrorism.

- Auditing PSHEE themes across the curriculum every two years, making recommendations, improving schemes of work and providing support for other staff
- Effective deployment of resources, including management of budgets and ensuring a high quality learning environment.

**The form tutor (or form assistant)'s role includes:**

- Having the same high expectations of the quality of pupils' work in RSE as for other curriculum areas.
- Planning lessons in accordance with the school PSHE education curriculum
- Fostering a safe environment in which pupils feel confident to ask questions and debate ideas
- Keeping a record of each pupil's learning progress and providing pupils opportunities for self-assessment (e.g. workbooks or worksheets)
- Assessing pupils' progress in the subject, either informally or formally, through tests, written assignments or self-evaluation and then feeding back to pupils on their progress.
- Sharing good practice and resources with other form tutors.
- Creating cross-curricular links when appropriate (e.g. business studies, P.E., biology, etc.)
- Discussing current affairs as well as local, national and world news if relevant to the topic currently taught or if the event only occurs from time to time (e.g. parliamentary elections, Olympic Games, etc.)

**Monitoring and Evaluation**

The PSHE education provision will be reviewed on an annual basis by the PSHEE coordinator. The coordinator ensures that all form tutors are aware of their responsibilities with regards to the delivery of PSHE education. Informal discussions with form tutors and pupils, lessons observations and work scrutiny (where relevant) will enable the coordinator to monitor and evaluate teaching and learning.

**Appendix 1**

| W/C      | Week No.             | Reception                                                 |
|----------|----------------------|-----------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 Handwashing and germs |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 Hygiene and self-care |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 Healthy teeth         |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 Healthy food          |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 Healthy bodies        |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Sun safety            |
| 20/10/25 | Michaelmas Half-Term |                                                           |
| 27/10/25 |                      |                                                           |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 Feelings              |
| 10/11/25 | 8                    | Unit 1 Health & Wellbeing: Lesson 8 Calming down          |
| 17/11/25 | 9                    | Unit 1 Health & Wellbeing: Lesson 9 Resilience            |
| 24/11/25 | 10                   | Unit 1 Health & Wellbeing: Lesson 10 Independence         |
| 01/12/25 | 11                   | Unit 1 Health & Wellbeing: Lesson 11 Growing and changing |
| 08/12/25 | 12                   | Unit 1 Health & Wellbeing: Lesson 12 My body              |

|          |                    |                                                                            |
|----------|--------------------|----------------------------------------------------------------------------|
| 15/12/25 | Christmas Holidays |                                                                            |
| 22/12/25 |                    |                                                                            |
| 29/12/25 |                    |                                                                            |
| 05/01/26 | 13                 | Unit 2 Living in the Wider World: Lesson 1 Classroom rules                 |
| 12/01/26 | 14                 | Unit 2 Living in the Wider World: Lesson 2 All about me                    |
| 29/01/26 | 15                 | Unit 2 Living in the Wider World: Lesson 3 Setting simple goals            |
| 26/01/26 | 16                 | Unit 2 Living in the Wider World: Lesson 4 Online safety                   |
| 02/02/26 | 17                 | Unit 2 Living in the Wider World: Lesson 5 Screen times                    |
| 09/02/26 | 18                 | Unit 2 Living in the Wider World: Lesson 6 Being a safe pedestrian         |
| 16/02/26 | Lent Half-term     |                                                                            |
| 23/02/26 | 19                 | Unit 2 Living in the Wider World: Lesson 7 Caring for ourselves and others |
| 02/03/26 | 20                 | Unit 2 Living in the Wider World: Lesson 8 Looking after our planet        |
| 09/03/26 | 21                 | Unit 2 Living in the Wider World: Lesson 9 Money and coins                 |
| 16/03/26 | 22                 | Unit 2 Living in the Wider World: Lesson 10 Celebrating our differences    |
| 23/03/26 | 23                 | Unit 2 Living in the Wider World: Lesson 11 People and communities         |
| 30/03/26 | Easter Holidays    |                                                                            |
| 06/04/26 |                    |                                                                            |
| 13/04/26 |                    |                                                                            |
| 20/04/26 | 24                 | Unit 2 Living in the Wider World: Lesson 12 Jobs and community helpers     |
| 27/04/26 | 25                 | Unit 3 Relationships: Lesson 1 Kindness                                    |
| 04/05/26 | 26                 | Unit 3 Relationships: Lesson 2 Let's be friends                            |
| 11/05/26 | 27                 | Unit 3 Relationships: Lesson 3 Sharing and taking turns                    |
| 18/05/26 | 28                 | Unit 3 Relationships: Lesson 4 Saying sorry                                |
| 25/05/25 | Summer Half-Term   |                                                                            |
| 01/06/26 | 29                 | Unit 3 Relationships: Lesson 5 Telling the truth                           |
| 08/06/26 | 30                 | Unit 3 Relationships: Lesson 6 My family                                   |
| 15/06/26 | 31                 | Unit 3 Relationships: Lesson 7 Making good choices                         |
| 22/06/26 | 32                 | Unit 3 Relationships: Lesson 8 Personal space                              |
| 29/06/26 | 33                 | Unit 3 Relationships: Lesson 9 Asking permission and secrets               |
| 06/07/26 | Summer Holidays    |                                                                            |

| W/C      | Week No.             | Year 1                                                    |
|----------|----------------------|-----------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 This is me            |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 How we grow           |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 What are feelings?    |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 Feelings and loss     |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 How we play and learn |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Staying safe          |
| 20/10/25 | Michaelmas Half-Term |                                                           |
| 27/10/25 |                      |                                                           |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 Keeping clean         |
| 10/11/25 | 8                    | Unit 1 Health & Wellbeing: Lesson 8 Healthy teeth         |
| 17/11/25 | 9                    | Unit 1 Health & Wellbeing: Lesson 9 Fun in the sun        |

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|----------|--------------------|---------------------------------------------------------------------|
| 24/11/25 | 10                 | Unit 1 Health & Wellbeing: Lesson 10 Healthy food                   |
| 01/12/25 | 11                 | Unit 1 Health & Wellbeing: Lesson 11 Eating well                    |
| 08/12/25 | 12                 | Unit 1 Health & Wellbeing: Lesson 12 Fit and healthy bodies         |
| 15/12/25 | Christmas Holidays |                                                                     |
| 22/12/25 |                    |                                                                     |
| 29/12/25 |                    |                                                                     |
| 05/01/26 | 13                 | Unit 2 Living in the Wider World: Lesson 1 All about rules          |
| 12/01/26 | 14                 | Unit 2 Living in the Wider World: Lesson 2 Online world             |
| 29/01/26 | 15                 | Unit 2 Living in the Wider World: Lesson 3 Online safety            |
| 26/01/26 | 16                 | Unit 2 Living in the Wider World: Lesson 4 Strengths and interests  |
| 02/02/26 | 17                 | Unit 2 Living in the Wider World: Lesson 5 Jobs and skills          |
| 09/02/26 | 18                 | Unit 2 Living in the Wider World: Lesson 6 Welcoming everyone       |
| 16/02/26 | Lent Half-term     |                                                                     |
| 24/02/25 | 19                 | Unit 2 Living in the Wider World: Lesson 7 Caring for living things |
| 03/03/25 | 20                 | Unit 2 Living in the Wider World: Lesson 8 All about recycling      |
| 10/03/25 | 21                 | Unit 2 Living in the Wider World: Lesson 9 Plastic and pollution    |
| 17/03/25 | 22                 | Unit 2 Living in the Wider World: Lesson 10 Global warming          |
| 24/03/54 | 23                 | Unit 2 Living in the Wider World: Lesson 11 Our classroom community |
| 30/03/26 | Easter Holidays    |                                                                     |
| 06/04/26 |                    |                                                                     |
| 13/04/26 |                    |                                                                     |
| 20/04/26 | 24                 | Unit 2 Living in the Wider World: Lesson 12 Community helpers       |
| 27/04/26 | 25                 | Unit 3 Relationships: Lesson 1 Respect & polite words               |
| 04/05/26 | 26                 | Unit 3 Relationships: Lesson 2 Sharing and taking turns             |
| 11/05/26 | 27                 | Unit 3 Relationships: Lesson 3 Being helpful and kind               |
| 18/05/26 | 28                 | Unit 3 Relationships: Lesson 4 Getting hurt                         |
| 25/05/26 | Summer Half-Term   |                                                                     |
| 01/06/26 | 29                 | Unit 3 Relationships: Lesson 5 People who care for me               |
| 08/06/26 | 30                 | Unit 3 Relationships: Lesson 6 What is a family? Family and me      |
| 15/06/26 | 31                 | Unit 3 Relationships: Lesson 7 All about bodies                     |
| 22/06/26 | 32                 | Unit 3 Relationships: Lesson 8 My body belongs to me                |
| 29/06/26 | 33                 | Unit 3 Relationships: Lesson 9 Asking for permission                |
| 06/07/26 | Summer Holidays    |                                                                     |

| W/C      | Week No.             | Year 2                                                          |
|----------|----------------------|-----------------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 Healthy habits and routines |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 Looking after my teeth      |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 The importance of sleep     |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 All about medicines         |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 All about feelings          |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 How to manage big feelings  |
| 20/10/25 | Michaelmas Half-Term |                                                                 |
| 27/10/25 |                      |                                                                 |

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|----------|--------------------|----------------------------------------------------------------------------|
| 03/11/25 | 7                  | Unit 1 Health & Wellbeing: Lesson 7 The human life cycle                   |
| 10/11/25 | 8                  | Unit 1 Health & Wellbeing: Lesson 8 Brilliant bodies                       |
| 17/11/25 | 9                  | Unit 1 Health & Wellbeing: Lesson 9 Safety and risk                        |
| 24/11/25 | 10                 | Unit 1 Health & Wellbeing: Lesson 10 Staying safe at home                  |
| 01/12/25 | 11                 | Unit 1 Health & Wellbeing: Lesson 11 Road safety                           |
| 08/12/25 | 12                 | Unit 1 Health & Wellbeing: Lesson 12 Accidents and emergencies             |
| 15/12/25 | Christmas Holidays |                                                                            |
| 22/12/25 |                    |                                                                            |
| 29/12/25 |                    |                                                                            |
| 05/01/26 | 13                 | Unit 2 Living in the Wider World: Lesson 1 What is money                   |
| 12/01/26 | 14                 | Unit 2 Living in the Wider World: Lesson 2 Different ways to pay           |
| 29/01/26 | 15                 | Unit 2 Living in the Wider World: Lesson 3 Earning money                   |
| 26/01/26 | 16                 | Unit 2 Living in the Wider World: Lesson 4 Saving and spending             |
| 02/02/26 | 17                 | Unit 2 Living in the Wider World: Lesson 5 Wants and needs                 |
| 09/02/26 | 18                 | Unit 2 Living in the Wider World: Lesson 6 What is the internet            |
| 16/02/26 | Lent Half-term     |                                                                            |
| 23/02/26 | 19                 | Unit 2 Living in the Wider World: Lesson 7 Personal data                   |
| 02/03/26 | 20                 | Unit 2 Living in the Wider World: Lesson 8 Staying safe online             |
| 09/03/26 | 21                 | Unit 2 Living in the Wider World: Lesson 9 Online information              |
| 16/03/26 | 22                 | Unit 2 Living in the Wider World: Lesson 10 Belonging to a community       |
| 23/03/26 | 23                 | Unit 2 Living in the Wider World: Lesson 11 Same but different - diversity |
| 30/03/26 | Easter Holidays    |                                                                            |
| 06/04/26 |                    |                                                                            |
| 13/04/26 |                    |                                                                            |
| 20/04/26 | 24                 | Unit 3 Relationships: Lesson 1 Making friends                              |
| 27/04/26 | 25                 | Unit 3 Relationships: Lesson 2 Being a good friend                         |
| 04/05/26 | 26                 | Unit 3 Relationships: Lesson 3 Playing and working with others             |
| 11/05/26 | 27                 | Unit 3 Relationships: Lesson 4 Manners and respect                         |
| 18/05/26 | 28                 | Unit 3 Relationships: Lesson 5 Resolving conflict                          |
| 25/05/25 | Summer Half-Term   |                                                                            |
| 01/06/26 | 29                 | Unit 3 Relationships: Lesson 6 Feeling lonely                              |
| 08/06/26 | 30                 | Unit 3 Relationships: Lesson 7 Bullying                                    |
| 15/06/26 | 31                 | Unit 3 Relationships: Lesson 8 Unkind words                                |
| 22/06/26 | 32                 | Unit 3 Relationships: Lesson 9 Kindness                                    |
| 29/06/26 | 33                 | Unit 3 Relationships: Lesson 10 Secrets                                    |
| 06/07/26 | Summer Holidays    |                                                                            |

| W/C      | Week No. | Year 4                                                  |
|----------|----------|---------------------------------------------------------|
| 08/09/25 | 1        | Unit 1 Health & Wellbeing: Lesson 1 Allergies           |
| 15/09/25 | 2        | Unit 1 Health & Wellbeing: Lesson 2 Germs and illness   |
| 22/09/25 | 3        | Unit 1 Health & Wellbeing: Lesson 3 Vaccinations        |
| 29/09/25 | 4        | Unit 1 Health & Wellbeing: Lesson 4 Drugs and medicines |

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|----------|----------------------|--------------------------------------------------------------------------|
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 Healthy living                       |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Staying healthy                      |
| 20/10/25 | Michaelmas Half-Term |                                                                          |
| 27/10/25 |                      |                                                                          |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 Growing up - girls into puberty      |
| 10/11/25 | 8                    | Unit 1 Health & Wellbeing: Lesson 8 Growing up - boys into puberty       |
| 17/11/25 | 9                    | Unit 1 Health & Wellbeing: Lesson 9 Changing emotions                    |
| 24/11/25 | 10                   | Unit 1 Health & Wellbeing: Lesson 10 Personal hygiene                    |
| 01/12/25 | 11                   | Unit 1 Health & Wellbeing: Lesson 11 - Overview & Evaluation             |
| 08/12/25 | 12                   | Form Teacher to revisit content if appropriate, Christmas activity       |
| 15/12/25 | Christmas Holidays   |                                                                          |
| 22/12/25 |                      |                                                                          |
| 29/12/25 |                      |                                                                          |
| 05/01/26 | 13                   | Unit 2 Living in the Wider World: Lesson 1 Value for money               |
| 12/01/26 | 14                   | Unit 2 Living in the Wider World: Lesson 2 Responsible spending          |
| 29/01/26 | 15                   | Unit 2 Living in the Wider World: Lesson 3 Keeping track of money        |
| 26/01/26 | 16                   | Unit 2 Living in the Wider World: Lesson 4 Gambling                      |
| 02/02/26 | 17                   | Unit 2 Living in the Wider World: Lesson 5 Advertising                   |
| 09/02/26 | 18                   | Unit 2 Living in the Wider World: Lesson 6 Fake images                   |
| 16/02/26 | Lent Half-term       |                                                                          |
| 23/02/26 | 19                   | Unit 2 Living in the Wider World: Lesson 7 Digital footprints            |
| 02/03/26 | 20                   | Unit 2 Living in the Wider World: Lesson 8 Diverse communities           |
| 09/03/26 | 21                   | Unit 2 Living in the Wider World: Lesson 9 Racism                        |
| 16/03/26 | 22                   | Unit 2 Living in the Wider World: Lesson 10 Prejudice and discrimination |
| 23/03/26 | 23                   | Unit 2 Living in the Wider World: Lesson 11 - Overview & Evaluation      |
| 30/03/26 | Easter Holidays      |                                                                          |
| 06/04/26 |                      |                                                                          |
| 13/04/26 |                      |                                                                          |
| 20/04/26 | 24                   | Unit 3 Relationships: Lesson 1 Communicating online                      |
| 27/04/26 | 25                   | Unit 3 Relationships: Lesson 2 Harmful content and contact               |
| 04/05/26 | 26                   | Unit 3 Relationships: Lesson 3 Preventing bullying                       |
| 11/05/26 | 27                   | Unit 3 Relationships: Lesson 4 Harmful behaviour                         |
| 18/05/26 | 28                   | Unit 3 Relationships: Lesson 5 Secrets                                   |
| 25/05/25 | Summer Half-Term     |                                                                          |
| 01/06/26 | 29                   | Unit 3 Relationships: Lesson 6 Committed relationships                   |
| 08/06/26 | 30                   | Unit 3 Relationships: Lesson 7 Honesty and trust                         |
| 15/06/26 | 31                   | Unit 3 Relationships: Lesson 8 Positive friendships                      |
| 22/06/26 | 32                   | Unit 3 Relationships: Lesson 9 Risk, dares, and challenges               |
| 29/06/26 | 33                   | Unit 3 Relationships: Lesson 10 Respecting our differences               |
| 06/07/26 | Summer Holidays      |                                                                          |

| W/C      | Week No. | Year 6                                                   |
|----------|----------|----------------------------------------------------------|
| 08/09/25 | 1        | Unit 1 Health & Wellbeing: Lesson 1 Being healthy - diet |

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|----------|----------------------|----------------------------------------------------------------------------------|
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 Being healthy - exercise                     |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 Habits and addiction                         |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 Energy drinks                                |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 Why do people drink alcohol?                 |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Introduction to drugs                        |
| 20/10/25 | Michaelmas Half-Term |                                                                                  |
| 27/10/25 |                      |                                                                                  |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 Vaping dangers                               |
| 10/11/25 | 8                    | Unit Overview & Evaluation                                                       |
| 17/11/25 | 9                    | Unit 2 Living in the Wider World: Lesson 1 Asking for help and advice            |
| 24/11/25 | 10                   | Unit 2 Living in the Wider World: Lesson 2 Identity and community                |
| 01/12/25 | 11                   | Unit 2 Living in the Wider World: Lesson 3 Diversity in the UK                   |
| 08/12/25 | 12                   | Unit 2 Living in the Wider World: Lesson 4 Online lives - social media           |
| 15/12/25 | Christmas Holidays   |                                                                                  |
| 22/12/25 |                      |                                                                                  |
| 29/12/25 |                      |                                                                                  |
| 05/01/26 | 13                   | Unit 2 Living in the Wider World: Lesson 5 Online privacy and data               |
| 12/01/26 | 14                   | Unit 2 Living in the Wider World: Lesson 6 How did money evolve?                 |
| 29/01/26 | 15                   | Unit 2 Living in the Wider World: Lesson 7 Attitude to money                     |
| 26/01/26 | 16                   | Unit 2 Living in the Wider World: Lesson 8 Money - cost of living                |
| 02/02/26 | 17                   | Unit 2 Living in the Wider World: Lesson 9 Keeping safe                          |
| 09/02/26 | 18                   | Unit 2 Living in the Wider World: Lesson 10 Group chats                          |
| 16/02/26 | Lent Half-term       |                                                                                  |
| 23/02/26 | 19                   | Unit 3 Relationships: Lesson 1 Positive relationships                            |
| 02/03/26 | 20                   | Unit 3 Relationships: Lesson 2 Respect, disagreement, and differences            |
| 09/03/26 | 21                   | Unit 3 Relationships: Lesson 3 Harmful gender stereotypes                        |
| 16/03/26 | 22                   | Unit 3 Relationships: Lesson 4 Family and commitment (2 hours)                   |
| 23/03/26 | 23                   | Unit 3 Relationships: Lesson 5 Family and commitment                             |
| 30/03/26 | Easter Holidays      |                                                                                  |
| 06/04/26 |                      |                                                                                  |
| 13/04/26 |                      |                                                                                  |
| 20/04/26 | 24                   | Unit 3 Relationships: Lesson 6 Cyberbullying and harassment                      |
| 27/04/26 | 25                   | Unit 3 Relationships: Lesson 8 Consent introduction - personal space and contact |
| 04/05/26 | 26                   | Unit 3 Relationships: Lesson 9 Attraction and crushes                            |
| 11/05/26 | 27                   | Unit 1 Health & Wellbeing (Part 2): Lesson 8 Body image                          |
| 18/05/26 | 28                   | Unit 1 Health & Wellbeing (Part 2): Lesson 9 Puberty                             |
| 25/05/25 | Summer Half-Term     |                                                                                  |
| 01/06/26 | 29                   | Unit 1 Health & Wellbeing (Part 2): Lesson 10 Hormones and emotions              |
| 08/06/26 | 30                   | Unit 1 Health & Wellbeing (Part 2): Lesson 11 Mental health and signs of illness |
| 15/06/26 | 31                   | Year 6 Play in a Week TBC                                                        |
| 22/06/26 | 32                   | Unit Overview & Evaluation                                                       |
| 29/06/26 | 33                   | Summer Safety                                                                    |
| 06/07/26 | Summer Holidays      |                                                                                  |

| W/C      | Week No.             | Aram                                                                                   |
|----------|----------------------|----------------------------------------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 What do we mean by a healthy lifestyle?            |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 How can I keep healthy - food groups               |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 How can I eat responsibly - labels & nutrition     |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 Consequences of not eating healthily               |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 What's the big deal about energy drinks?           |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Healthy living & exercise                          |
| 20/10/25 | Michaelmas Half-Term |                                                                                        |
| 27/10/25 |                      |                                                                                        |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 The dangers of smoking and second hand smoke       |
| 10/11/25 | 8                    | Unit 1 Health & Wellbeing: Lesson 8 What are drugs?                                    |
| 17/11/25 | 9                    | Unit 1 Health & Wellbeing: Lesson 9 Mental Health Introduction - depression            |
| 24/11/25 | 10                   | Unit 1 Health & Wellbeing: Lesson 10 How can we manage our anger?                      |
| 01/12/25 | 11                   | Unit 2 Living in the Wider World: Lesson 1 How can we be aspirational students?        |
| 08/12/25 | 12                   | Unit 2 Living in the Wider World: Lesson 2 How does self-esteem help us achieve?       |
| 15/12/25 | Christmas Holidays   |                                                                                        |
| 22/12/25 |                      |                                                                                        |
| 29/12/25 |                      |                                                                                        |
| 05/01/26 | 13                   | Unit 2 Living in the Wider World: Lesson 3 What are wants and needs?                   |
| 12/01/26 | 14                   | Unit 2 Living in the Wider World: Lesson 4 Prejudice & discrimination - racism         |
| 29/01/26 | 15                   | Unit 2 Living in the Wider World: Lesson 5 Social media - safe & private               |
| 26/01/26 | 16                   | Unit 2 Living in the Wider World: Lesson 6 How can we shop ethically?                  |
| 02/02/26 | 17                   | Unit 2 Living in the Wider World: Lesson 7 What are different financial products for?  |
| 09/02/26 | 18                   | Unit 2 Living in the Wider World: Lesson 8 How can we budget our money?                |
| 16/02/26 | Lent Half-term       |                                                                                        |
| 23/02/26 | 19                   | Unit 2 Living in the Wider World: Lesson 9 Creating a personal budgeting plan          |
| 02/03/26 | 20                   | Unit 2 Living in the Wider World: Lesson 10 Savings, loans & interest rates            |
| 09/03/26 | 21                   | Unit 2 Living in the Wider World: Lesson 11 What are different financial transactions? |
| 16/03/26 | 22                   | Unit 3 Relationships: Lesson 1 Keeping good friendships                                |
| 23/03/26 | 23                   | Unit 3 Relationships: Lesson 2 Family relationships                                    |
| 30/03/26 | Easter Holidays      |                                                                                        |
| 06/04/26 |                      |                                                                                        |
| 13/04/26 |                      |                                                                                        |
| 20/04/26 | 24                   | Unit 3 Relationships: Lesson 3 Falling in love                                         |
| 27/04/26 | 25                   | Unit 2 Health & Wellbeing Part 2: Lesson 1 Puberty - what happens when & why?          |
| 04/05/26 | 26                   | Unit 2 Health & Wellbeing Part 2: Lesson 2 Periods - what happens when & why?          |

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| 11/05/26 | 27               | Unit 2 Health & Wellbeing Part 2: Lesson 3 Human reproduction                     |
| 18/05/26 | 28               | Unit 2 Health & Wellbeing Part 2: Lesson 4 Starting a family - sexual intercourse |
| 25/05/25 | Summer Half-Term |                                                                                   |
| 01/06/26 | 29               | Exam Week                                                                         |
| 08/06/26 | 30               | Unit 3 Relationships: Lesson 4 Cyberbullying                                      |
| 15/06/26 | 31               | Unit 3 Relationships: Lesson 5 Keeping safe & positive relationships              |
| 22/06/26 | 32               | Unit 3 Relationships: Lesson 6 Personal identity - British Values                 |
| 29/06/26 | 33               | Unit 3 Relationships: Lesson 7 What are radicalisation and extremism ?            |
| 06/07/26 | Summer Holidays  |                                                                                   |

| W/C      | Week No.             | Swale                                                                                   |
|----------|----------------------|-----------------------------------------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 Self-confidence & goals                             |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 Personal development & target setting               |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 Managing my behaviour to achieve                    |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 Emotional literacy and self-awareness               |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 What is mindfulness                                 |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Vaping, nicotine & addiction                        |
| 20/10/25 | Michaelmas Half-Term |                                                                                         |
| 27/10/25 |                      |                                                                                         |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 Cancer awareness                                    |
| 10/11/25 | 8                    | Unit 1 Health & Wellbeing: Lesson 8 Personal safety & first aid                         |
| 17/11/25 | 9                    | Unit 1 Health & Wellbeing: Lesson 9 Teen pregnancy & parenting                          |
| 24/11/25 | 10                   | Unit 1 Health & Wellbeing: Overview & Evaluation                                        |
| 01/12/25 | 11                   | Unit 2 Living in the Wider World: Lesson 1 Prejudice & stereotypes - disability         |
| 08/12/25 | 12                   | Unit 2 Living in the Wider World: Lesson 2 Homophobia                                   |
| 15/12/25 | Christmas Holidays   |                                                                                         |
| 22/12/25 |                      |                                                                                         |
| 29/12/25 |                      |                                                                                         |
| 05/01/26 | 13                   | Unit 2 Living in the Wider World: Lesson 3 Discrimination teens & media                 |
| 12/01/26 | 14                   | Unit 2 Living in the Wider World: Lesson 4 Internet safety - online grooming            |
| 29/01/26 | 15                   | Unit 2 Living in the Wider World: Lesson 5 How can we care for the environment?         |
| 26/01/26 | 16                   | Unit 2 Living in the Wider World: Lesson 6 Finance - income & expenditure               |
| 02/02/26 | 17                   | Unit 2 Living in the Wider World: Lesson 7 Finance - tax & national insurance           |
| 09/02/26 | 18                   | Unit 2 Living in the Wider World: Lesson 8 How is tax spent? - public services          |
| 16/02/26 | Lent Half-term       |                                                                                         |
| 23/02/26 | 19                   | Unit 2 Living in the Wider World: Lesson 9 Finance - budgeting & saving                 |
| 02/03/26 | 20                   | Unit 2 Living in the Wider World: Lesson 10 Extremism - do all Muslims want sharia law? |
| 09/03/26 | 21                   | Unit 2 Living in the Wider World: Lesson 11 British Values - tolerance anti-racism      |
| 16/03/26 | 22                   | Unit 2 Living in the Wider World: Lesson 12 Who are the extreme groups?                 |

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| 23/03/26 | 23               | Unit 2 Living in the Wider World: Lesson 13 How do extreme leaders attract converts?         |
| 30/03/26 | Easter Holidays  |                                                                                              |
| 06/04/26 |                  |                                                                                              |
| 13/04/26 |                  |                                                                                              |
| 20/04/26 | 24               | Unit 2 Living in the Wider World: Lesson 14 How can we prevent radicalisation and extremism? |
| 27/04/26 | 25               | Unit 3 Relationships: Lesson 1 Safe sex - consent                                            |
| 04/05/26 | 26               | Unit 3 Relationships: Lesson 2 Safe sex - contraception                                      |
| 11/05/26 | 27               | Unit 3 Relationships: Lesson 3 Safe sex - dangers of pornography                             |
| 18/05/26 | 28               | Unit 3 Relationships: Lesson 4 Safe sex -sexting and image sharing danger                    |
| 25/05/25 | Summer Half-Term |                                                                                              |
| 01/06/26 | 29               | <b>Exam Week</b>                                                                             |
| 08/06/26 | 30               | Unit 3 Relationships: Lesson 5 Safe sex - STIs                                               |
| 15/06/26 | 31               | Unit 3 Relationships: Lesson 6 Body image - male focus                                       |
| 22/06/26 | 32               | Unit 3 Relationships: Lesson 7 Domestic conflict - running away from home                    |
| 29/06/26 | 33               | Unit 3 Relationships: Overview & Evaluation                                                  |
| 06/07/26 | Summer Holidays  |                                                                                              |

| W/C      | Week No.             | Leckby                                                                                  |
|----------|----------------------|-----------------------------------------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 Alcohol awareness                                   |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 Drugs and the Law                                   |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 Vaccinations, organ & blood donation, stem cells    |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 What are acid attacks?                              |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 Why do people self-harm?                            |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Behaving to achieve - rules                         |
| 20/10/25 | Michaelmas Half-Term |                                                                                         |
| 27/10/25 |                      |                                                                                         |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 Why can't some people access education?             |
| 10/11/25 | 8                    | Unit 1 Health & Wellbeing: Lesson 8 Developing interpersonal skills                     |
| 17/11/25 | 9                    | Unit 1 Health & Wellbeing: Lesson 9 Discrimination & The Equality Act 2010              |
| 24/11/25 | 10                   | Unit 1 Health & Wellbeing: Lesson 10 How do we cope with stress?                        |
| 01/12/25 | 11                   | Unit 1 Health & Wellbeing: Lesson 11 How can we manage anxiety?                         |
| 08/12/25 | 12                   | Unit 1 Health & Wellbeing: Lesson 12 Why are people selfie obsessed?                    |
| 15/12/25 | Christmas Holidays   |                                                                                         |
| 22/12/25 |                      |                                                                                         |
| 29/12/25 |                      |                                                                                         |
| 05/01/26 | 13                   | Unit 2 Living in the Wider World: Lesson 1 Human rights - charity focus - Unicef        |
| 12/01/26 | 14                   | Unit 2 Living in the Wider World: Lesson 2 Human rights abuses - genocide & trafficking |
| 29/01/26 | 15                   | Unit 2 Living in the Wider World: Lesson 3 Is sending aid the answer?                   |
| 26/01/26 | 16                   | Unit 2 Living in the Wider World: Lesson 4 Sustainability for all                       |

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| 02/02/26 | 17               | Unit 2 Living in the Wider World: Lesson 5 How does the law treat young offenders?              |
| 09/02/26 | 18               | Unit 2 Living in the Wider World: Lesson 6 How does crime impact our lives?                     |
| 16/02/26 | Lent Half-term   |                                                                                                 |
| 23/02/26 | 19               | Unit 2 Living in the Wider World: Lesson 7 Self-discipline to achieve                           |
| 02/03/26 | 20               | Unit 2 Living in the Wider World: Lesson 8 Workplace skills                                     |
| 09/03/26 | 21               | Unit 2 Living in the Wider World: Lesson 9 Enterprising qualities & personalities - work skills |
| 16/03/26 | 22               | Unit 2 Living in the Wider World: Lesson 10 Workskills - what can we learn from entrepreneurs?  |
| 23/03/26 | 23               | Unit 2 Living in the Wider World: Lesson 11 How can I avoid debt?                               |
| 30/03/26 | Easter Holidays  |                                                                                                 |
| 06/04/26 |                  |                                                                                                 |
| 13/04/26 |                  |                                                                                                 |
| 20/04/26 | 24               | Unit 2 Living in the Wider World: Lesson 12 Our rights as consumers                             |
| 27/04/26 | 25               | Unit 3 Relationships: Lesson 1 Body image. media & eating disorders                             |
| 04/05/26 | 26               | Unit 3 Relationships: Lesson 2 Body image - girl focus                                          |
| 11/05/26 | 27               | Unit 3 Relationships: Lesson 3 How does child sexual exploitation happen?                       |
| 18/05/26 | 28               | Unit 3 Relationships: Lesson 4 Domestic violence and abusive relationships                      |
| 25/05/25 | Summer Half-Term |                                                                                                 |
| 01/06/26 | 29               | Unit 3 Relationships: Lesson 5 How can we deal with peer pressure?                              |
| 08/06/26 | 30               | Exam Week                                                                                       |
| 15/06/26 | 31               | Unit 3 Relationships: Lesson 6 British community, religion & culture - display lesson           |
| 22/06/26 | 32               | Unit 3 Relationships: Lesson 7 Immigration & the UK - diverse communities                       |
| 29/06/26 | 33               | Unit 3 Relationships: Lesson 8 Who are the LGBT community?                                      |
| 06/07/26 | Summer Holidays  |                                                                                                 |

| W/C      | Week No.             | Eldmire                                                                 |
|----------|----------------------|-------------------------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 Social Media & Resilience           |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 Social Media & Loneliness           |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 Deepfakes & Malicious AI            |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 Body Image Positivity Too Far       |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 Managing Social Anxiety             |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Cancer, Self Examinations (2 hours) |
| 20/10/25 | Michaelmas Half-Term |                                                                         |
| 27/10/25 |                      |                                                                         |
| 03/11/25 | 7                    | Unit 1 Health & Wellbeing: Lesson 7 Cancer, Self Examinations           |
| 10/11/25 | 8                    | Unit 1 Health & Wellbeing: Lesson 8 Unplanned Pregnancy                 |
| 17/11/25 | 9                    | Unit 1 Health & Wellbeing: Lesson 9 Nitrous Oxide                       |
| 24/11/25 | 10                   | Unit 1 Health & Wellbeing: Lesson 10 Stress & Exam Performance          |
| 01/12/25 | 11                   | Unit 1 Health & Wellbeing: Lesson 11 Homelessness (2 hours)             |
| 08/12/25 | 12                   | Unit 1 Health & Wellbeing: Lesson 12 - Homelessness                     |

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| 15/12/25 | Christmas Holidays |                                                                                           |
| 22/12/25 |                    |                                                                                           |
| 29/12/25 |                    |                                                                                           |
| 05/01/26 | 13                 | Unit 2 Living in the Wider World: Lesson 1 Cost of Living Crisis                          |
| 12/01/26 | 14                 | Unit 2 Living in the Wider World: Lesson 2 Employment Rights & Responsibilities           |
| 29/01/26 | 15                 | Unit 2 Living in the Wider World: Lesson 3 Equality & Equity (2 hours)                    |
| 26/01/26 | 16                 | Unit 2 Living in the Wider World: Lesson 4 Equality & Equity                              |
| 02/02/26 | 17                 | Unit 2 Living in the Wider World: Lesson 5 Hate Crime (2 hours)                           |
| 09/02/26 | 18                 | Unit 2 Living in the Wider World: Lesson 6 Hate Crime                                     |
| 16/02/26 | Lent Half-term     |                                                                                           |
| 23/02/26 | 19                 | Unit 2 Living in the Wider World: Lesson 7 Social Media Validation                        |
| 02/03/26 | 20                 | Unit 3 Relationships: Lesson 1 Conflict Management                                        |
| 09/03/26 | 21                 | Unit 3 Relationships: Lesson 2 Forced & Arranged Marriages                                |
| 16/03/26 | 22                 | Unit 3 Relationships: Lesson 3 Harassment & Stalking                                      |
| 23/03/26 | 23                 | Unit 3 Relationships: Lesson 4 Revenge Porn                                               |
| 30/03/26 | Easter Holidays    |                                                                                           |
| 06/04/26 |                    |                                                                                           |
| 13/04/26 |                    |                                                                                           |
| 20/04/26 | 24                 | Unit 3 Relationships: Lesson 5 Relationships with Role Models                             |
| 27/04/26 | 25                 | Unit 3 Relationships: Lesson 6 Abortion (2 hours)                                         |
| 04/05/26 | 26                 | Unit 3 Relationships: Lesson 7 Abortion                                                   |
| 11/05/26 | 27                 | Unit 3 Relationships: Lesson 8 Adoption & Fostering                                       |
| 18/05/26 | 28                 | Unit 1 Health & Wellbeing: Lesson 10 Stress & Exam Performance - Revisit to support exams |
| 25/05/25 | Summer Half-Term   |                                                                                           |
| 01/06/26 | 29                 | Unit 3 Relationships: Lesson 9 Gaslighting, Emotional Abuse                               |
| 08/06/26 | 30                 | Exam Week                                                                                 |
| 15/06/26 | 31                 | Form Teacher - Revisiting Exam Performance e.g. WWW, EBI                                  |
| 22/06/26 | 32                 | Work Experience Week                                                                      |
| 29/06/26 | 33                 | Form Teacher discretionary time (catch-up, charitable initiatives, news roundup, etc.)    |
| 06/07/26 | Summer Holidays    |                                                                                           |

| W/C      | Week No.             | Thornton                                                                        |
|----------|----------------------|---------------------------------------------------------------------------------|
| 08/09/25 | 1                    | Unit 1 Health & Wellbeing: Lesson 1 Why is PSHE so important?                   |
| 15/09/25 | 2                    | Unit 1 Health & Wellbeing: Lesson 2 Identity & Diversity                        |
| 22/09/25 | 3                    | Unit 1 Health & Wellbeing: Lesson 3 How does privilege affect us?               |
| 29/09/25 | 4                    | Unit 1 Health & Wellbeing: Lesson 4 Obesity & body positivity                   |
| 06/10/25 | 5                    | Unit 1 Health & Wellbeing: Lesson 5 Fertility and reproductive health (2 hours) |
| 13/10/25 | 6                    | Unit 1 Health & Wellbeing: Lesson 6 Fertility and reproductive health           |
| 20/10/25 | Michaelmas Half-Term |                                                                                 |
| 27/10/25 |                      |                                                                                 |

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| 03/11/25 | 7                  | Unit 1 Health & Wellbeing: Lesson 7 First Aid (CPR)                                        |
| 10/11/25 | 8                  | Unit 1 Health & Wellbeing: Lesson 8 Perseverance & Procrastination                         |
| 17/11/25 | 9                  | Unit 1 Health & Wellbeing: Lesson 9 The importance of sleep                                |
| 24/11/25 | 10                 | Unit 1 Health & Wellbeing: Lesson 10 Why do we take risks?                                 |
| 01/12/25 | 11                 | Unit 1 Health & Wellbeing: Lesson 11 Gambling & online gambling                            |
| 08/12/25 | 12                 | Unit 1 Health & Wellbeing: Lesson 12 - Digital Footprints & Personal Safety<br>Wider World |
| 15/12/25 | Christmas Holidays |                                                                                            |
| 22/12/25 |                    |                                                                                            |
| 29/12/25 |                    |                                                                                            |
| 05/01/26 | 13                 | GCSE Mock Exams                                                                            |
| 12/01/26 | 14                 | GCSE Mock Exams                                                                            |
| 29/01/26 | 15                 | Unit 2 Living in the Wider World: Lesson 1 Animal Rights & Sustainability                  |
| 26/01/26 | 16                 | Unit 2 Living in the Wider World: Lesson 2 Pollution, plastic & our environment            |
| 02/02/26 | 17                 | Unit 2 Living in the Wider World: Lesson 3 Globalisation                                   |
| 09/02/26 | 18                 | Unit 2 Living in the Wider World: Lesson 4 Multiculturalism                                |
| 16/02/26 | Lent Half-term     |                                                                                            |
| 23/02/26 | 19                 | Unit 2 Living in the Wider World: Lesson 5 Extremism                                       |
| 02/03/26 | 20                 | Unit 2 Living in the Wider World: Lesson 6 Internet Safety The Dark Web                    |
| 09/03/26 | 21                 | Unit 2 Living in the Wider World: Lesson 7 Cybercrime and Online Fraud                     |
| 16/03/26 | 22                 | Unit 3 Relationships: Lesson 1 Bullying body shaming                                       |
| 23/03/26 | 23                 | Unit 3 Relationships: Lesson 2 Types of relationships                                      |
| 30/03/26 | Easter Holidays    |                                                                                            |
| 06/04/26 |                    |                                                                                            |
| 13/04/26 |                    |                                                                                            |
| 20/04/26 | 24                 | Unit 3 Relationships: Lesson 3 Consent, rape & sexual abuse                                |
| 27/04/26 | 25                 | Unit 3 Relationships: Lesson 4 What is good sex?                                           |
| 04/05/26 | 26                 | Unit 3 Relationships: Lesson 5 Safe sex                                                    |
| 11/05/26 | 27                 | Unit 3 Relationships: Lesson 6 Relationship Breakups                                       |
| 18/05/26 | 28                 | Unit 3 Relationships: Lesson 7 Happiness & positivity                                      |
| 25/05/26 | Summer Half-Term   |                                                                                            |
| 01/06/26 | 29                 | GCSE Exams                                                                                 |
| 08/06/26 | 30                 | GCSE Exams                                                                                 |
| 15/06/26 | 31                 | GCSE Exams                                                                                 |
| 22/06/26 | 32                 | GCSE Exams                                                                                 |
| 29/06/26 | 33                 | GCSE Exams                                                                                 |
| 06/07/26 | Summer Holidays    |                                                                                            |